

Wide-toe box running shoes

Here is a list of some popular running shoes with a wide toe box in the UK and their pros and cons:

1. AllBirds Tree Dasher: Made with sustainable materials for an eco-friendly option. Soft and comfortable for all-day wear. Wide toe box for a more natural foot movement. Good traction and durability for a variety of surfaces. However, may not provide enough support for runners with overpronation or longer runs.
2. On Clouds: Lightweight and flexible for a comfortable ride. Unique CloudTec cushioning system provides good shock absorption. Good traction and durability for a variety of surfaces. Breathable upper keeps feet cool and dry. However, may not provide enough support for runners with overpronation or longer runs.
3. Altra Escalante - The Altra Escalante has a roomy toe box and is known for its zero-drop platform, which provides a more natural stride. It is also lightweight and has good breathability. However, some runners find the sizing to be inconsistent.
4. New Balance Fresh Foam 1080v11 - The New Balance Fresh Foam 1080v11 has a spacious toe box and is highly cushioned for a comfortable ride. It is also available in multiple widths, including wide and extra-wide. However, some runners may find it too soft or lacking in responsiveness.
5. Hoka One One Bondi 7 - The Hoka One One Bondi 7 has a wider toe box than previous versions and is highly cushioned for a comfortable ride. It also has good shock absorption and is suitable for longer runs. However, some runners may find it too bulky or lacking in responsiveness.